

Feng Shui for Normal People

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Welcome!

- The intent of this presentation is a quick overview of Feng Shui basics you can start applying immediately
- I am available for questions after this presentation
- My book is for sale in the back
- There will be a free raffle at the end.

Who I am

- Eric A. Spanitz - author and consultant
- First experienced Feng Shui in Hong Kong during a business trip
- Have read "all" books on Feng Shui
- I integrate the commonalities of each Feng Shui school of thought while preserving the traditional intent.

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What's in it for you?

- Who wants more money?
- Who wants better health?
- Who wants more/better/wealthier friends?
- Who wants a chance at free stuff?
(free raffle at the end of this presentation.)

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What Feng Shui is

- Pronounced “Fung Shway”
- Means “Wind and Water”
- It is balancing your environment using
 - Color
 - Numbers
 - Objects
 - Materials

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CNOM

- Color
- Numbers
- Objects
- Materials

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What Feng Shui is

- Originated in China 6,000 years ago
- Deals with the “energy” or “Chi” of space
- Combines traditions with common sense
- Practiced by:
 - Donald Trump, Bank of Hong Kong, the Gap, police, governments, architects, designers, business owners, you? (but don't realize it?)

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Chi = energy = flow

- Openness vs. Enclosed
- Light vs. Dark
- Breezy vs. Stagnant
- Great taste vs. Less filling
- Yang vs. Yin

Feng Shui means balancing these...

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Yang vs. Yin

- **Yang**

- Bright
- Open
- Loud
- Bold
- Hot
- Fire



- **Yin**

- Dark
- Enclosed
- Quiet
- Subdued
- Cold
- Water

Feng Shui means balancing these...
Some rooms quiet – others loud!

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Overview of Feng Shui Steps

1. Remove clutter
2. Physically clean the space
3. Deal with Shar Chi
4. Address compass directions.

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1. Remove Clutter

- Feng Shui values freely flowing energy
- Clutter represents blocked energy
- Blocked energy feels restricting
- Blocked energy causes missed opportunities

"Luck is where opportunity meets preparation"

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2. Physically Clean the Space

- Smell
- Health
- Safety
- (remove more clutter?)

"Cleanliness becomes more important when godliness is unlikely" – P. J. O'Rourke

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3. Deal with Shar Chi

- Shar Chi is “pointy things” pointing at you
- Sharp objects should be put away
- Dealing with Shar Chi:
 1. remove the object
 2. reposition the object
 3. cover the object up
 4. use a plant or screen to block the Shar Chi
 5. use a mirror to deflect the negative energy
 6. use lights to overcome the negative energy.

“Don’t run with scissors”
– Mom

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4. Address Compass Directions

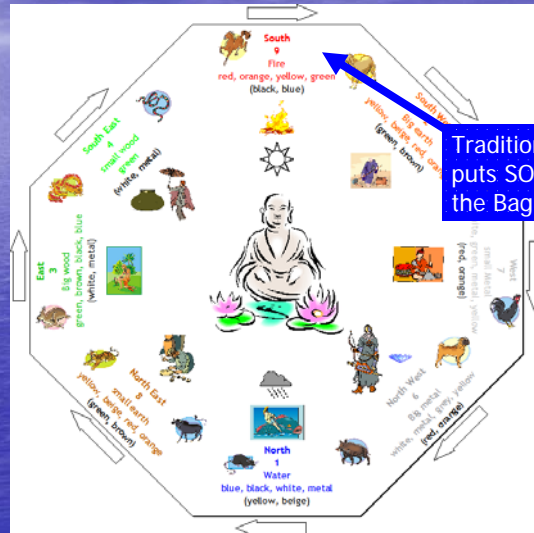
- Each direction represents something
- Each direction has matching CNOM
- Address each direction with intention
- There are eight main directions:

North	South
Northeast	Southwest
East	West
Southeast	Northwest

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Overview of CNOM & Directions



Traditional Feng Shui puts SOUTH at the top of the Bagua

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Northwest

- Patriarch – father
- Family wealth
- Prosperity
- Helpful people
- Travel
- White, Metal, Grey
- ~~Red, Orange~~
- Number 6
- Shape = Circles
- Fuk symbol
- 6 Crystal balls
- Kaun Kung
- Big Metal



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North

- Career
- Work
- Opportunities
- Blue, Black, White
- ~~Yellow, Beige~~
- Number 1
- Shape = Wavy
- Water feature
- Mystic knot
- Fish or Turtle
- Water



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Northeast

- Knowledge
- Education
- Personal Development
- Philosophy
- Spirituality
- Yellow, Beige, Red
- ~~Green, Brown~~
- Number 8
- Shape = Square
- Books
- Cranes
- Elephants
- Small Earth



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East

- Family
- Relationships
- Secondary health
- Green, Brown, Black
- ~~White, Metal~~
- Number 3
- Shape = Wavy
- Relative Photographs
- Dragons
- Bamboo, Pine
- Big Wood



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Southeast

- Keeping Wealth
- Wealth Generation
- Growth
- Communication
- Green
- ~~White, Metal~~
- Number 4
- Shape = Square
- Money Tree
- Oranges
- 3 Chinese Coins
- Small Wood

NEVER use 4 of anything!
4 means DEATH!

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South

- Fame
- Reputation
- Networking / Career
- "Future"
- Red, Orange, Yellow
- ~~Black, Blue~~
- Number 9
- Shape = Triangle
- Red Wooden Horses
- Bright Lights & Candles
- Red Lava Lamp
- Fire



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Southwest

- Matriarch – mother
- Close friendships
- Relationships
- Yellow, Beige, Red
- ~~Green, Brown~~
- Number 2
- Shape = Square
- Cluster of Crystals
- Dragon-headed Turtle
- Double-fish
- Big Earth



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West

- Creativity
- New Opportunities
- Children
- Fertility
- Entertainment
- White, Green, Metal
- ~~Red, Orange~~
- Number 7
- Shape = Circle
- Shiny things
- Crystals
- Elephants
- Small Metal



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Center

- Health
- Well-being
- Security
- Sanity
- "the Grounding"
- Yellow, Beige, Red
- ~~Green, Brown~~
- Number 5
- Shape = Square
- Bamboo
- Buddha
- Cranes
- Earth



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CNOM Summary

- North – blue, 1, wavy, water
- Northeast – yellow, 8, square, earth
- East – green, 3, wavy, wood
- Southeast – green, 4, square, wood
- South – red, 9, triangle, fire
- Southwest – yellow, 2, square, earth
- West – white, 7, circle, metal
- Northwest – metal, 6, circle, metal
- Center – yellow, 5, square, earth.

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Feng Shui is about Balance

1. Remove clutter
2. Physically clean the space
3. Deal with Shar Chi
4. Address compass directions
5. Don't get too crazy!

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Questions?

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Feng Shui for Bedrooms

- No water features in bedroom
- No pictures with water in the bedroom
- Door to bathroom should be closed
- Feet must not point towards the door
- Two matching of end tables, lights
- Cover the TV or remove it
- No mirrors facing the bed
- Not too dark - not too light all the time.

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Feng Shui No-Nos

- Bright lights in the Northwest
- Oven in the Northwest or middle of space
- Dragons in south or near fire
- Photos of people in the bathroom
- Congested or blocked front door
- Four of any object placed together
- Too much red
- Metal wind chime in the Northeast.